

6th Grade SOARING LEADER

Jordan Ridge is a *Leader in Me* school. We have aligned the Soaring Leader Award with the 7 Habits of Leader in Me. In order to obtain the Soaring Leader Award, your child must complete **two items from each of the seven categories below.**

One option from each habit must be completed by the following dates.

A/B/C Track-1/19/2018

D Track-2/12/18

The other portions must be completed by **May 4th.**

For more information about each habit, please visit our school website.

Habit 1-Be Proactive

1. Average at least 85% on your math and science tests for this year.
2. Make a goal to have 100% attendance for one on track period. During that same period get your planner filled out and signed and complete and turn in your work on time. Write a three paragraph reflection explaining how being proactive helped you accomplished this goal.
3. Earn 85% or higher on your math homework for one term.
4. Set, track, and complete one WIG goal per term.
5. Create your own goal that fits under, Be Proactive. Make sure you get it approved by your teacher before you begin.
6. Research, learn and practice safe internet and phone practices. That includes frequent discussions with your parents about things that are going on and how you are using your social media and internet. Report any cyber bullying and never participate in anything inappropriate. Create a visual way to represent and share what you have learned.

Habit 2-Begin With the End in Mind

1. Fill out your planner page and use it to complete assignments, including the reflection and behavior section as well as the required signatures for one term.
2. Participate in the Reflections program. Plan your project around the theme provided.
3. Check out a book from the public library that has to do with a skill you are interested in learning about. Read the book and write a one-page paper about how you might use that skill in your future.
4. Design and create a scale plan of your future dream home.
5. Design a system to help you learn and remember the vocabulary words in one of the core subject areas (math, science or language), so you will be prepared for the SAGE test at the end of the year. Then use your plan throughout the year in order to be prepared. Show and discuss your plan with your teacher.

6. Create your own goal that fits under, Begin with the End in Mind. Make sure you get it approved by your teacher before you begin.
7. Decide what you would like your report card to look like and then make a plan on how you will achieve it. Your plan should have details on homework, studying for tests, make-ups and redos. Include ways your parents and teacher can help. You will need to discuss this plan with your teacher and parents.

Habit 3-Put First Things First

1. Create a chore chart with your parents. Complete your assigned chores for one on-track period (nine weeks). Show the signed chore chart to your teacher.
2. Read at least 10 minutes more than the required reading each night for one term.
3. Create a weekly chart that includes categories such as after school activities, homework and family time. Use this chart throughout the year to help you organize your after school and weekend time. Show the chart to your teacher, and include three paragraphs about how using the chart benefitted you and your time management.
4. On your planner sheets, have your parents sign for each night that you are completing your homework assignments before watching TV, playing video games, or hanging out with friends. Do this for one on track period.
5. Create your own goal that fits under, Put First Things First. Make sure you get it approved by your teacher before you begin.

Habit 4-Think Win-Win

1. Perform **four** acts of service for a neighbor or someone within the community. Write a one-page report about your experiences.
2. Create a chart that displays certain actions you will take when resolving conflicts. Write three paragraphs detailing three times that you used these actions during three different conflicts (one paragraph per conflict).
3. Write a letter to an active soldier or a wounded soldier at the Veteran's Hospital to thank him/her for their service. Bring in a copy of the letter to read to the class and share any response you might receive.
4. Become a member of Student Council. Show up to all meeting dates on time and become an active member in the creation of service projects that the group plans.
5. Create your own goal that fits under, Think Win-Win. Make sure you get it approved by your teacher before you begin.
6. Research and learn win-win strategies. Practice using them in everyday life for one on track period. Keep a journal about your experiences and how it changed you or the other person(s) and helped the situation. Discuss what you learned with your parents or your teacher.

Habit 5-Seek First to Understand, then to be Understood

1. Interview a community helper (firefighter, police officer, librarian, grocer, etc.) Come up with 15 questions to ask this person. Use the questions and the answers given, to write a one-page reflection of your interview.
2. Read a book that demonstrates people using habit five. Suggested books, A Fish in a Tree, Same Stuff as Stars, Wonder, Out of My Mind, and Rules. After reading the book write a one-page paper about how habit five is being used in the book.
3. Research what it means to seek first to understand then practice the things you learned for one-track period. Keep a journal about your experiences and share them with your parents or teacher.
<http://www.behavior-change.net/covey-5-see-first-to-understand-then-to-be-understood/><https://www.youtube.com/watch?v=-MrTXXKo3wU> There is a lot of good information out there.
4. Explain what prevents you from paying attention to others. Determine what you need to do to start seeking first to understand, then to be understood and document your progress with a self-reflection journal.
5. Why do you think you struggle with listening? Are there specific situations that cause you to struggle more? Have your current listening habits caused any negative consequences to your life? Reflect on these questions and describe three new behaviors that you could start doing to successfully listen and understand others.
6. Create your own goal that fits under Think First to Understand Then to be Understood. Make sure you get it approved by your teacher before you begin.

Habit 6-Synergize

1. Participate in the school-wide geography bee or any evening performing arts event or out-of-class academic activity. (District/state debate tournament, District Math Olympiad, band, orchestra, choir etc). Write a three paragraph reflection following the event.
2. **Collaborate with your family or friends** to do a service project. Show the written plans to your teacher (how you will carry it out and who will participate). When you have completed the project write a one-page paper telling about the results of the project.
3. **Collaborate with a friend(s)** to create a game about a subject in science or social studies that can be played in class. The game must have a learning objective be well constructed with directions on how to play the game and how to win the game.

4. Become a member of the Safety Leadership Group. Serve with this group for the entire school year. Be on time, helpful and responsible each time that you represent the Safety Leadership Group.
5. Become a member of the P.E. committee. Serve with this group for the entire school year. Be on time, helpful and responsible each time that you represent the P.E. committee.
6. Tutor a younger student 15 times during the school year for a total of eight hours. Write a one-page reflection about what you learned from the experience.
7. Participate in any kind of team or group activity where you have to plan, and work together to accomplish a task. Write a one-page paper explaining how you synergized and worked through differences of opinion and conflict.
8. Create your own goal that fits under, Synergize. Make sure you get it approved by your teacher before you begin.

Habit 7-Sharpen the Saw

1. Complete the "Sharpen the Saw Award." Return the signed form when complete. Come prepared to explain your activities to the class.
2. Be involved in a dance or sport program for at least 3 months or more and write a one paper telling how this program has sharpened your saw. (This needs to be a different activity than what you use for the sharpen he saw award)
3. Read a nonfiction book about a subject you want to know more about. Create a poster that you can use to teach the class about the information you learned. Bring the book and the poster to share with the class.
4. Learn a new skill, give a five minutes presentation to the class demonstrating your skill.
5. Sign up for and participate in an independent learning class on a subject of your choice for at least 10 hours. Bring proof of your participation to your teacher (certificate, pamphlet, written report).
6. Create a study routine for school, where you learn the correct way to prepare for tests and then put it into practice. Share your plan with your parents or teacher and decide on a way to track your efforts and progress. (Chart your study time and your test scores and see if there is a relationship.)
7. Select a topic that you learned about during science. Create an experiment (must be something different than those experiments that are done in the classroom) that demonstrates or proves the concept in a different way. Write out the steps of your experiment using the Scientific Method and share your results with your teacher.
8. Create your own goal that fits under, Sharpen the Saw. Make sure you get it approved by your teacher before you begin.