

1st Grade Soaring Leader

The
Leader in Me

great happens here

Dear Parents,

In first grade, we place a big emphasis on the 7 habits involved with "The Leader in Me," program. We are very excited for this program and want to incorporate the 7 habits into our "Soaring Eagle" award. The habits are listed below with a short synopsis of each one. Each habit will have 3 options. In order to obtain the "Soaring Eagle" award, your child must complete 2 options from each of the 7 habits.

Teachers have individual plans to help students stay on a schedule of completing the habits. Please check with your child's teacher for these plans.

Habit 1 — Be Proactive

You're in Charge

I am a responsible person. I take initiative. I choose my actions, attitudes, and moods. I do not blame others for my wrong actions. I do the right thing without being asked, even when no one is looking.

Habit 2 — Begin with the End in Mind

Have a Plan

I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my classroom and contribute to my school's mission and vision. I look for ways to be a good citizen.

Habit 3 — Put First Things First

Work First, Then Play

I spend my time on things that are most important. This means I say no to things I know I should not do. I set priorities, make a schedule, and follow my plan. I am disciplined and organized.

Habit 4 — Think Win-Win

Everyone Can Win

I balance courage for getting what I want with consideration for what others want. I make deposits in others' Emotional Bank Accounts. When conflicts arise, I look for third alternatives.

Habit 5 — Seek First to Understand, Then to Be Understood

Listen Before You Talk

I listen to other people's ideas and feelings. I try to see things from their viewpoints. I listen to others without interrupting. I am confident in voicing my ideas. I look people in the eyes when talking.

Habit 6 — Synergize

Together Is Better

I value other people's strengths and learn from them. I get along well with others, even people who are different than me. I work well in groups. I seek out other people's ideas to solve problems because I know that by teaming with others we can create better solutions than anyone of us can alone. I am humble.

Habit 7 — Sharpen The Saw

Balance Feels Best

I take care of my body by eating right, exercising and getting sleep. I spend time with family and friends. I learn in lots of ways and lots of places, not just at school. I find meaningful ways to help others.

Habit 1-Be Proactive

1. Bring your backpack/planner to school everyday for one complete on-track period. Turn in your planner and any homework or notes due to your teacher without being reminded.
2. Pass off the 11-sight word lists from your race packet/dolch word lists and read and spell the 25 vocabulary sight words attached to this paper. (To be tested in class)
3. Complete a math test of doubles facts to 20. Skip count by 2's to 20, 5's and 10's to 100. Count and write numbers to 120.

Habit 2-Begin With the End in Mind

1. Create and design a game. Write the rules and directions. Share it with the class explaining how to begin the game and how to end the game.
2. Participate in the Reflections program. Plan your project around the theme provided.
3. Check out a book from the public library. Read the book and create a puppet, collage, or poster to help explain the beginning, middle, and ending of the story. Share this with the class.

Habit 3-Put First Things First

1. Create a chore chart with your parents. Complete your assigned chores for 1 on-track period. Bring in the signed chore chart to share with the class.
2. Read and report 45 hours of home reading. (This can be accomplished through nightly homework.) All minutes must be submitted to your child's teacher.
3. Create a graph involving your family. (ie: choose between 2 or 3 favorite colors, food, movies, etc.) Create and answer 3 questions you could obtain from the data collected. (What had the most votes? The least? Compare the data and figure out the differences.)

Habit 4-Think Win-Win

1. Perform 4 acts of service for a neighbor or within the community. Report your acts to the class.
2. Create a "No-Tattling" plan with your parents concerning your siblings. Create a chart to show that you have a 90% compliance with the chart rules for 1 on-track period. Bring in the plan and signed chart to share with the class.
3. Write a letter to an active soldier or a wounded soldier at the Veteran's Hospital to thank them for their service. Bring in a copy of the letter to read to the class.

Habit 5-Seek First to Understand, then to be Understood

1. Read a non-fiction book about a subject you want to know more about. Create a poster that you can use to teach the class about the information you learned. Bring the book to share with the class.
2. Interview a community helper (firefighter, police officer, librarian, grocer, etc.) Create 3 or more questions to ask them about their job. Come prepared to share what you learned about this person and his/her job.
3. Perform a science experiment for the class. You must be able to explain the steps involved and what you learned from the experiment.

Habit 6-Synergize

1. Work with a group of 2-3 friends or siblings to gather and then donate needed items to a charity. Share with the class a picture of your group and the items you gathered for donations.
2. Collaborate with a friend or sibling to write and illustrate 2 poems, songs, or stories about being a leader.
3. Work with your parents or siblings to learn the following activities: (tying shoes, zipping coats, phone number, address, and lunch number) Come prepared to show and tell the class what you have learned.

Habit 7-Sharpen the Saw

1. Complete the "Sharpen the Saw Award." Return the signed form when complete. Come prepared to explain your activities to the class.
2. Create a "Being Fit and Content" plan and chart with your family. Give up 30 minutes of TV/Computer time each day for 1 on-track period. Replace the TV time with a healthier activity. (IE- play outside, read a book, help a family member with something, write a thank you note to people you love. Etc.) Chart what your activities were and share them with the class.
3. Create a work of art using the style of any famous artist. Listen to music from any famous composer. Come prepared to share your art and music. Tell why you chose the artist and the composer.

In This Classroom...
We do second chances
We apologize
We forgive
We respect each other
We keep our promises
We never give up
We encourage one another
We laugh often
We belong...